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Adia Resources Announces Completion of 2019 Winter Program and Additional 2018 Surface Sampling Results

Adia Resources Inc. ("Adia" or the "Company") is pleased to announce that it has completed the 2019 winter program at its Lynx Diamond Project near Oxford House, Manitoba. The winter program consisted of an initial phase of diamond drilling and a ground gravity survey. In addition, Adia has also received encouraging results from the analysis of two beach sand samples that were collected at the Lynx project in 2018.

Marco LoCascio, CEO of Adia, stated: "The drilling and ground gravity survey completed during the 2019 winter program mark an important first step in evaluating the potential of the Lynx project. The drill intercepts combined with the gravity survey support the interpretation of a diamondiferous ultramafic unit at least 3 kilometers long and up to 315 meters wide (estimated true thickness). We look forward to receiving the results of microdiamond and other analyses over the course of 2019 and anticipate ending the year with an improved understanding of the diamond endowment of the Lynx project and a clear plan for the 2020 winter season. The company remains well funded with \$1.96 million of cash as of March 31, 2019."

He added: "The surface sample results released today continue to demonstrate the microdiamond endowment of the Lynx property and will be followed by further sampling in summer 2019."

2019 Winter Program

Three NQ-sized drill holes totalling approximately 1,258 meters were completed at Eastern Bay (refer to Figure 1 in this press release). The drill program was designed to test the dimensions of the diamondiferous volcanoclastic unit and provide additional material for microdiamond analysis. The originally planned 2019 winter drilling program consisted of 8 holes totaling approximately 3,000 meters, but due to a late start and unforeseen mechanical issues and breakdowns, not all of the planned holes could be completed.

Preliminary logging and photographing of the core, along with specific gravity and magnetic susceptibility measurements, were performed on site. All drill core was then shipped to De Beers Canada Inc. facilities in Sudbury, Ontario for detailed logging, cutting and sampling for

microdiamond analysis, whole rock chemistry, and petrology. Significant thicknesses of the diamondiferous UFA unit were intersected in each of the three holes, and a total of 85 samples weighing 20 kg each have been shipped to the De Beers Kimberley Microdiamond Laboratory (KMDL) in Johannesburg for microdiamond analysis. De Beers Canada Inc. is performing the work under the terms of the equity support and participation agreement with Adia (see press release dated September 24, 2018). Adia expects to release the results of the microdiamond analysis in the fourth quarter of 2019.

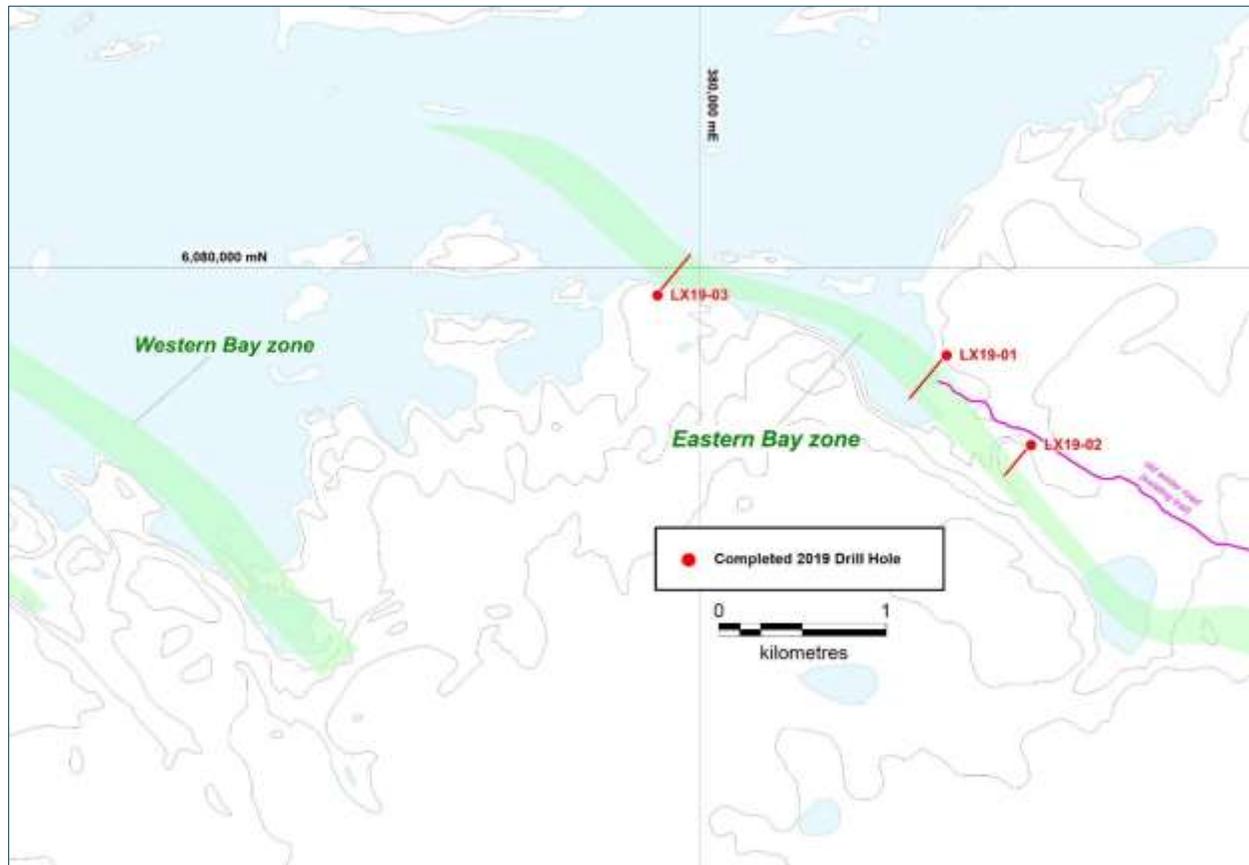


Figure 1: 2019 Winter Drilling Map

Ground Gravity Survey

An initial ground gravity survey was completed over approximately 2 kilometers of the diamondiferous volcanoclastic unit in Eastern Bay by Initial Exploration Services Inc. The survey was completed under the terms of the equity support and participation agreement between Adia and De Beers Canada Inc. Initial modelling suggests that the gravity data is an effective tool for identifying and tracing the diamondiferous volcanoclastic unit under cover. Additional work is being planned for early next winter to expand the survey area, particularly to the northwest beneath Knee Lake to guide future drilling.

2018 Surface Samples

Two 20 L beach sand samples were collected from the Lynx Property in 2018 (Refer to Figure 2 in this press release). The samples were sent to the De Beers Sudbury treatment facility for concentration and subsequently consigned and shipped to the De Beers Kimberley Microdiamond Laboratory (KMDL) in Johannesburg for sorting and analysis. A total of 163 diamonds were recovered from the +0.3 -0.5 mm size fraction and an additional 7 diamonds were recovered from the +0.5 -1.0 mm size fraction of these samples. Further details pertaining to each sample are as follows:

- **AR129618:** This sample was collected from the main surface sampling area in Eastern Bay. 40 diamonds were recovered from the +0.3 -0.5 mm size fraction and an additional 3 diamonds were recovered from the +0.5 -1.0 mm size fraction. 58% of all the diamonds are colourless, and 40% are described as either dodecahedral or octahedral.
- **AR129718:** This sample was collected near the discovery outcrop on Eastern Bay. A total of 127 diamonds were recovered from this sample (123 from the +0.3 -0.5 mm size fraction and 4 from the +0.5 – 1.0 mm size fraction). 25% of the diamonds are colourless, and 30% are described as either dodecahedral or octahedral.

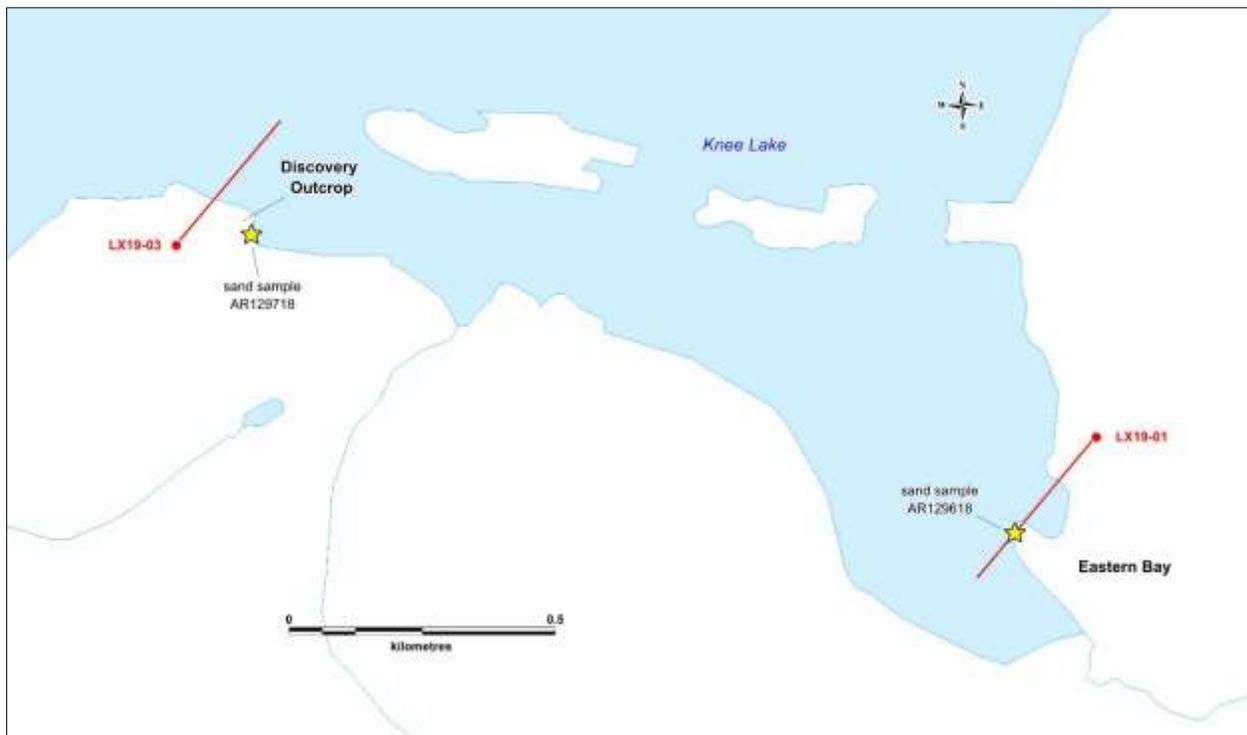


Figure 2: 2018 Sample Collection Location

About the Lynx Diamond Project

The Lynx Diamond Project is located near Oxford House, Manitoba. The Project comprises a 164,000+ hectare land package and is host to the first discovery of diamonds in bedrock within the province of Manitoba. Surface sampling has identified multiple kilometer-scale diamondiferous volcanoclastic units on the property.

On behalf of Adia Resources Inc.,

Marco LoCascio

Chief Executive Officer

For further information:

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Qualified Person

The disclosure of scientific and technical information contained in this news release has been approved by Jeff Morgan, P. Geo., Senior Project Geologist for Adia, and a Qualified Person under NI 43-101.

About Adia Resources Inc.

Adia Resources Inc. is a private company focused on exploration of its Lynx Diamond Project near Oxford House, Manitoba. The Lynx Project comprises a 164,000+ hectare land package and is host to the first discovery of diamonds in bedrock within the province of Manitoba. Surface sampling has identified multiple kilometer-scale, diamondiferous, Archean volcanoclastic units on the project.

Altius Minerals Corp. is Adia's largest shareholder, with De Beers Canada Inc. being another shareholder. Adia has an agreement in place with De Beers Canada Inc. for providing in-kind services and support to Adia in the form of specialized diamond exploration services for the Lynx Project. Adia also has an Exploration Agreement with the Bunibonabee Cree Nation of Oxford House.

Cautionary Statement

This news release may contain "forward-looking information" such as statements regarding estimates, expectations, future plans and objectives of the Company, exploration and future drilling plans for the Lynx Diamond Project and is subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those projected in the forward-looking information, including statements relating to the liquidity and capital resources of Adia and potential of the Lynx Diamond Project.

Forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of Adia to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements. Factors that could affect the outcome include, among others: future prices and the supply of diamonds; the results of drilling; inability to raise the money necessary to incur the expenditures required to retain and advance the Lynx Diamond property; environmental liabilities (known and unknown); general business, economic, competitive, political and social uncertainties; inability to fulfill the duty to accommodate First Nations and other indigenous people, accidents, labour disputes and other risks of the mining industry.

Although Adia has attempted to identify important factors that could cause actual actions, events or results to differ materially from those described in forward-looking statements, there may be other factors that cause actions, events or results to differ from those anticipated, estimated or intended. Forward-looking statements contained herein are made as of the date of this news release and Adia disclaims any obligation to update any forward-looking statements, whether as a result of new information, future events or results or otherwise, except as required by applicable securities laws.